

**FAMILY AND FINANCIAL THERAPY  
OF FLORIDA**

4055 NW 43<sup>rd</sup> Avenue Suite 21  
Gainesville, Florida 32606

Info@FamilyandFinancialTherapy.com  
352-641-0239

**CLIENT INFORMATION FORM**

Today's date: \_\_\_\_\_

Your name: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Home street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Name of Employer: \_\_\_\_\_

Address of Employer: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone Contact: \_\_\_\_\_ Is it ok to leave a message? YES NO

Email: \_\_\_\_\_ Can I contact you by email? YES NO

Referred by: \_\_\_\_\_

If referred by another clinician, would you like for us to communicate with one another? YES NO

Person(s) to notify in case of any emergency: \_\_\_\_\_

Name

Phone

Please provide your signature to indicate that I may do so:

(Your Signature): \_\_\_\_\_

Please briefly describe your presenting concern(s): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are your goals for therapy or coaching?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FAMILY AND FINANCIAL THERAPY  
OF FLORIDA**

4055 NW 43<sup>rd</sup> Avenue Suite 21  
Gainesville, Florida 32606

Info@FamilyandFinancialTherapy.com  
352-641-0239

\*The information that you provide on this form will help guide your treatment.  
Please fill out as much as you are comfortable disclosing. \*

**MEDICAL HISTORY:**

Please explain any significant medical problems, symptoms, or illnesses:

---

---

---

Current Medications:

Name	Dosage	Purpose	Prescribing Physician

Do you smoke or use tobacco? YES NO If YES, how much per day? \_\_\_\_\_

Do you consume caffeine? YES NO If YES, how much per day? \_\_\_\_\_

Do you drink alcohol? YES NO If YES, how much per day/week/month/year? \_\_\_\_\_

Do you use any non-prescription drugs? YES NO If YES, what kind and how often?

---

Have anyone voiced concern about your substance use? YES NO

Have you ever been in trouble or in risky situations because of your substance use? YES NO

Previous medical hospitalizations (Approximate dates and reasons):

---

---

Previous psychiatric hospitalizations (Approximate dates and reasons):

---

---

Have you ever talked with a psychiatrist, psychologist, or mental health professional? YES NO  
(Please list approximate dates and reasons):

---

---

---

---

# FAMILY AND FINANCIAL THERAPY OF FLORIDA

4055 NW 43<sup>rd</sup> Avenue Suite 21  
Gainesville, Florida 32606

Info@FamilyandFinancialTherapy.com  
352-641-0239

FAMILY: How would you describe your relationship with your family of origin?

---

---

---

Are your parents still married? YES NO If they divorced, how old were you when they separated or divorced, and how did this impact you?

---

---

Were there any other primary care givers in your life? YES NO

If so, please describe how this person may have impacted your life:

---

---

How many sisters do you have? \_\_\_\_\_ Ages? \_\_\_\_\_

How many brothers do you have? \_\_\_\_\_ Ages? \_\_\_\_\_

How would you describe your relationships with your siblings? \_\_\_\_\_

---

---

## RELATIONSHIPS & SOCIAL SUPPORT & SELF-CARE:

Currently in Relationship? \_\_\_\_ How Long? \_\_\_\_ Relationship Satisfaction: 1 2 3 4 5 6 7  
Married/Life Partnered? \_\_\_\_ How Long? \_\_\_\_ Previously Married/Life Partnered? YES NO

If so, length of previous marriages/committed partnerships \_\_\_\_\_

Do you have children/stepchildren/adopted children? \_\_\_\_ If YES, how many and what are their names and ages: \_\_\_\_\_

Describe any problems any of your children are having: \_\_\_\_\_

---

---

Please briefly describe any history of abuse, neglect and/or trauma:

---

---

Current level of satisfaction with your friends and social support: 1 2 3 4 5 6 7

# FAMILY AND FINANCIAL THERAPY OF FLORIDA

4055 NW 43<sup>rd</sup> Avenue Suite 21  
Gainesville, Florida 32606

Info@FamilyandFinancialTherapy.com  
352-641-0239

Please briefly describe your coping mechanisms and self-care:

---



---

Briefly describe your nutrition and exercise patterns:

---



---

## EDUCATION & CAREER

High School/GED \_\_\_ College Degree \_\_\_ Graduate Degree) \_\_\_ Vocational Degree \_\_\_

What is your current employment? \_\_\_\_\_ Satisfaction: 1 2 3 4 5 6 7

Any past careers/employment that you feel are relevant?

---



---

What are your strengths?

---



---

## PLEASE CHECK ALL THAT APPLY & CIRCLE THE MAIN PROBLEMS:

DIFFICULTY WITH:	Present	Past	DIFFICULTY WITH:	Present	Past
Depression			Sexual Concerns		
Anxiety			Excessive Worry		
Abdominal Distress			Sexual Abuse		
Mood Changes			Feeling Manic		
Anger			Hurting Self		
Dizziness			Drug Use		
Panic			Weight loss/gain		
Irritability			Negative thoughts		
Chest Pain			Difficulty sleeping		
Loss of Memory			Paying attention		
Completing tasks			Legal troubles		
Nightmares			Financial worries		
Learning differences			Blackouts		
Communicating with others			Child Abuse		
Anything else you would like to share					

---



---



---